

MEMBERSHIP RATES

Individual Memberships

Membership Category	Membership Rate
Adult (18-59)	\$49
Senior (60+)	\$44

Multi-Person Memberships

Membership Category	Membership Rate
Couple (2) Adults <small>(Same Home No Dependents)</small>	\$65
Household (1) Adult	\$60
Household (2) Adults	\$75
Household (3) Adults	\$97
Senior Household <small>(2 Seniors, No Dependents)</small>	\$65

*Household memberships include dependents living in the home who are under the age of 18 **OR** under the age of 23 and currently enrolled in full-time college.

Joining Fee and Discounts

All new accounts pay a one-time activation fee of no more than \$50.

Please ask about discounts for active duty and retired military.

Is your employer a Corporate Member?
Corporate membership options are available.

FINANCIAL ASSISTANCE

Scholarships are available and applications may be picked up at the Y's welcome desk or on our website. Applicants will be required to provide a copy of their previous year's tax returns.

Applications are renewed yearly.

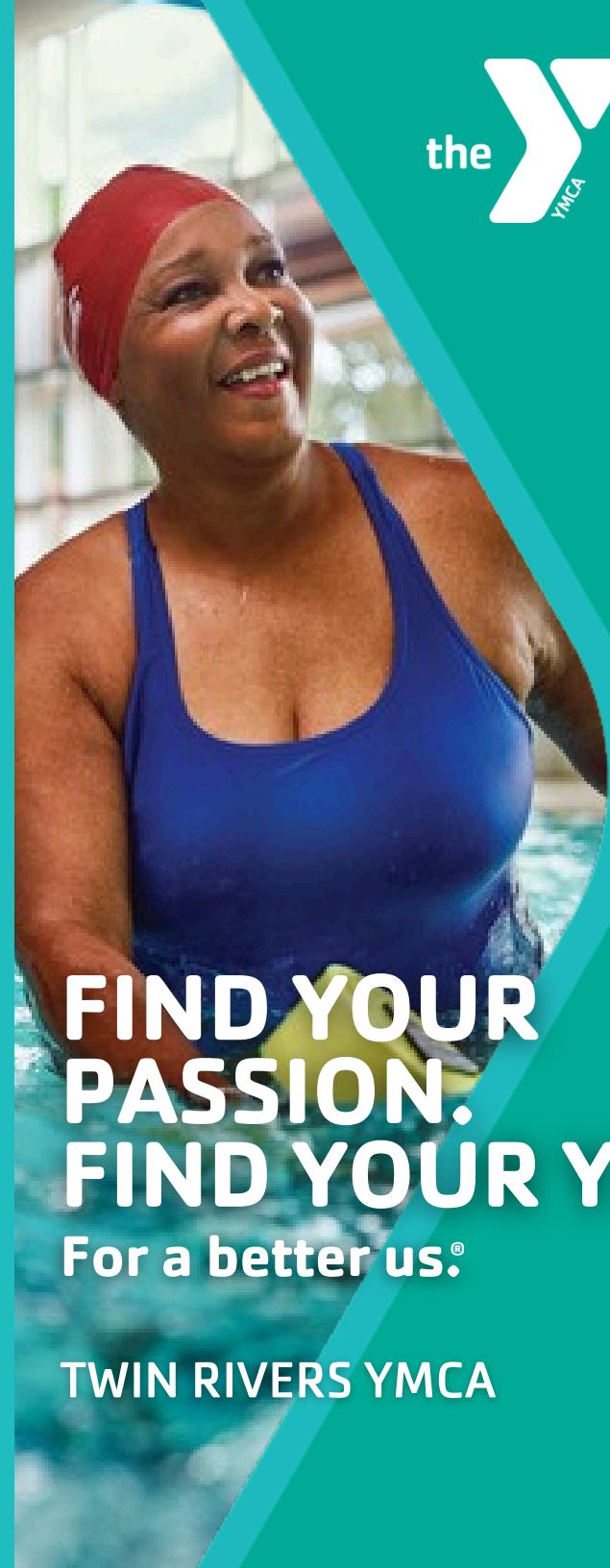
For more information about financial assistance, please call the Twin Rivers YMCA or email our membership team at membership@trymca.org



» TWIN RIVERS YMCA
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🌐 www.ecymca.org
✉ membership@trymca.org

📱 @twinriversymca



**FIND YOUR
PASSION.
FIND YOUR Y.**
For a better us.®

TWIN RIVERS YMCA

YOU BELONG AT THE YMCA



ABOUT OUR YMCA

EVERYONE IS WELCOME! The Twin Rivers YMCA strengthens communities in Craven, Jones, and Pamlico counties through programs and services that promote Youth Development, Healthy Living, and Social Responsibility.



Why the Y?
More than just a gym.
It's FUN for the whole family!

Unlimited Group Exercise Classes
Designed for ALL fitness levels and ALL interests. Yoga, Aerobics, Strength Training, Indoor Cycling, Water Fitness, Seated Low Impact Classes, Boot Camp and high-energy classes like Aqua Dance and Zumba!

Health and Wellness Programs
Tailored programs and services to help members achieve their wellness goals. Personal Training, Diabetes Prevention Program, Wellness Challenges, Livestrong at the YMCA

Sports and Recreation
Fitness, Sports and Recreational programs for KIDS, TEENS and ADULTS. Basketball, Soccer, Flag Football, Racquetball, Pickleball, Swimming, and ESports

Kids and Family Activities
Complimentary Child Care, Family Nights
Drop-In Child Watch (6 weeks - 11 years), Youth Certifications for Exercise Equipment, Socials & Activities



- OUR FACILITY**
- State of the art cardio and weight resistance equipment
 - Free-Weight Room
 - Indoor AND Outdoor Pool
 - Gymnasium with Walking Track
 - Racquetball Court
 - CHILD WATCH!

